

The Ceccarelli® Solution contains a combination of Vitamin C, Iron and Lignocaine. This combination of ingredients causes cellular apoptosis in fat cells resulting in destruction of the fat cell. The low concentration of Vitamin C does not harm skin or muscle. The Ceccarelli® protocol employs a physiological process naturally occurring in the body, resulting in minimal post procedural swelling and inflammation. Generally 3 treatments are needed to achieve patient results which are visible in a few days, with further improvements thereafter.

Pre Care Instructions

- If possible avoid anti-inflammatories such as Aspirin®, Brufen®, Arnica and avoid Omega 3 and 6 fatty acids and Vitamin E supplements for 3-10 days prior to this treatment to minimize bruising during treatment.
- Please inform me if you are on any prescription blood thinning medications so extra caution can be taken to minimize bruising.
- Contraindications to this treatment are Pregnancy, breastfeeding, Active skin infection or disease and Allergy to lidocaine.
 - Please arrive 15 minutes early for the application of topical anaesthetic cream.
- Please book procedures in advance as Ceccarelli® solution is ordered in from George due to a shelf life of 7 days.

Possible Side Effects

- Initial swelling occurs simply due to the volume of Ceccarelli® solution injected. This subsides within 24 hours.
- Bruising is common, lasting between 1-2 weeks. The bruise can be covered with concealer.
- The injection itself is not painful as there is local anaesthetic in the solution, but there can be some aching in the area for an hour or so post procedure. In the jowl area this feels like a tooth ache.
 - Ceccarelli®, unlike other lipolysis solutions, does not contain phosphatidylcholine and deoxycholate and so does not cause inflammation, lumps and ongoing pain.

Post Care Instructions

- Do not take anti-inflammatories or Vitamin E for 24 hours after injections. Panado® and Codeine® are ok to use.
 - Avoid direct sun exposure and apply sunscreen twice a day.
 - Drink lots of water on the day of your procedure.
 - Avoid hot tubs, saunas, jacuzzis and massages for 48 hours post procedure.
 - Avoid swimming in the sea or open water (outdoor) for 1 week post procedure.
 - You can resume your normal skin care routine immediately following your treatment.
 - Repeat treatment in 2-4 weeks. Most patients require 1-3 sessions for optimal results.
 - A follow up appointment at 2 weeks is advised.

If you experience increasing redness or tenderness, lumps appearing, abnormal swelling or increasing itchiness (lasting more than 24 hours) please contact the practice immediately.

